

Pathfinders 2-

The Story: Monkeys and Hand Closed, Hand Open

Observations from the Relationship Zoo

1. What gives up first?

When faced with obstacles, especially physical ones, the mind will give up before the body. To keep going and growing you must buy into the idea of sowing and reaping. In your relationships, what are you sowing? What are you reaping?

2. Finding Someone Wonderful

To see the change you desire, you must first be the change. Be the change and you will have found someone wonderful.

3. Dirty Feet

Do you feel better or worse after you have been with someone? Those with dirty feet walk through your heart, your mind and leave a mess.

4. The Power of the Tongue

Two significant components of any relationship are the words we use and the tone with which they are delivered. For better tone and words focus on what you have to be grateful for.

5. Difficult times

Purpose is the necessary fuel to overcome difficulties.

6. Inside-Out

Everything starts from within and manifests itself on the outside.

7. The Fuel That Drives Love

Trust is the fuel that drives love. Without trust love comes to a stop.

8. Courage and Accomplishment

Courage will open up opportunities for positive relationships because your authenticity will attract people. Show others courage and you will attract the people who truly get you and who appreciate you for who you are.

9. Arguments

They happen. The causes are infinite. And usually, relationships are hurt not helped. Why? In an argument there is always a winner. Conversely, there is always a loser. Why? In an argument the focus more often than not is on who is right and not on what is right.

10. When You Are Upset with yourself

Self-talk is a powerful influence. All of us make mistakes with our self-talk and other ways. When this happens what can you do to make things better? When you are upset with yourself don't think less of yourself. Think of yourself less. How do you do this? Do something good for others. This takes the focus off of you. Serve others.

11. Hard Knocks Soft Touches

Bring the full spectrum of emotions to your relationships. If you don't it is like bringing a splinter from a log instead of the whole log to start a fire. Like the splinter of wood, revealing a small part of yourself may get some sparks but it won't sustain the fire.

12. Teams

The strength of each member in a relationship makes the team. On the teams in your life realize that you can't be me without "we." And "we" cannot be what it is without "me." Together the whole is much greater than the sum of its parts.

13. Count to Turn Your Life Around

Start counting your blessings every day. Your gratitude will bring a change in attitude that will turn your life around.

14. Getting Even

"Getting even is the belief you can right some injustice, slight or hurt, by seeing the person who you believe caused this hurt to be hurt themselves. When you carry

anger or have not put it in a safe place, it is toxic to you, your energy, your performance and your relationships.

15. Be the Change! Remain Relevant!

To build successful relationships in business and life you must be relevant, otherwise you will not connect with others. If you are irrelevant, others will not connect with you. Be the change! Be relevant!

Connect with others!

16. Sparks

You are alive! You have sparks

of life inside you! But there are times where you don't feel or have the spark. When this occurs go out and force yourself to give positive energy, a spark to others. You are much more likely to receive their spark of life and energy in return for when you do.

17. Dogs and Relationships

All of us do foolish things at times. Your dog is loyal even when you are foolish. The dog sees your folly but remains loyal. In your relationships it is a different story. People will dog you about your folly.

18. Color Outside the Lines

Only when you change the picture of your comfort zone and color outside your current limits and lines will you, your life and your relationships change.

19. One

One life, your life, can be the positive tipping point in someone's day. In your relationships be that one. It all starts with you. Be the one that makes a positive difference.

20. Bad Mood and Bad Words

Your mood can change but the words you speak can never be replaced. The words you speak today are heard by the ears that are attached to the mouth that will repeat them tomorrow. For better relationships be careful of the words you choose.

21. Your Life Is Your Cause

Your life is your cause. What you share and give to others is how they will see you and your life regardless of obstacles and setbacks. Live a life of sharing and giving to others. When you do, you will leave a legacy of triumph in your relationships.